



MAKALU EXPEDITION

Climb world's fifth highest mountain

45 Days | 8463 meter



ABOUT THIS EXPEDITION

Mount Makalu is the world's fifth highest peak with its height of 8463 meter. Mount Makalu, an isolated spectacular pyramid shaped mountain with four ridges located few miles east of Mt. Everest is the fifth highest mountain in the world. It is considered one of the most difficult of her genre, as only five of its first sixteen attempts were successful. Mount Makalu was climbed by a French party in 1955 for the first time. The peak was first mapped and photographed from the Tibetan side by the 1921 British Everest reconnaissance. Hillary and Shipton photographed Mt. Makalu on the 1951.

The mountain is notorious for its steep pitches and knife-edged ridges that are completely open to the elements. Makalu is the only Nepalese 8,000m peak, which has yet to be climbed in true winter conditions. Makalu Expedition led by Sherpa Shepherds team takes you the base camp and support for the summit the Makalu.

TRIP AT GLANCE



Duration
45 Days



Destination
Nepal



Group Size
5-12 Pax



Ascent
Route
**North
West**



Elevation
**8463
meter**



Grade
**Very
Tough**

Unrivaled experiences of our team and our focus and attention to details combined with our strength and dedication add a tangible degree of safety, expertise and guidance – our guardianship on the mountain makes all the differences between a difficult expedition and an enjoyable one.



PRICE AND DATES

SEMI SERVICE: USD 10900 P.P.*
FULL SERVICE: USD 18900 P.P.*

SPRING 2019: 10 APRIL TO 24 MAY
AUTUMN 2019: 15 SEPT TO 29 OCT
SPRING 2020: 10 APRIL TO 24 MAY
AUTUMN 2020: 15 SEPT TO 29 OCT

FEATURED GUIDE



DAKIPA SHERPA
High Altitude Climbing Guide
7th times Everest Summiteer



KAMI SINGI SYANGBA TAMANG
High Altitude Climbing Guide
7th times Everest Summiteer

TRIP ITINERARY

Day 01: Arrival in Kathmandu

Upon your arrival at the Tribhuvan airport, Sherpa Shepherds representative welcome you and assists to transfer in your hotel in Kathmandu. Upon arrival at hotel, a Sherpa Shepherds tour manager will brief you about trip, check-up climbing gears and fix time for visit at Ministry of Tourism for permit along other necessary information. And then you'll free time to explore Kathmandu. Overnight at Hotel Vaishali****

Included Meal: No | **Altitude of Kathmandu:** 1310 meter | **Drive:** 20 min (airport to hotel)

Day 02: Check Up Climbing Gears and Briefing at Tourism Ministry

Today is free day for preparation of Makalu Expedition. You'll have free time to check climbing gears or explore around Kathmandu while the leader will attend the Ministry of Tourism for a formal briefing. The day will also be for finalizing official procedure and other necessary arrangements. If you explore the fascinating city of Kathmandu, you can visit Kathmandu's World Heritage Sites. We make a guided tour to some of UNESCO World Heritage Sites in the Kathmandu valley: Kathmandu Durbar Square, Pashupatinath, Swayambhu, and Boudhnath. You will be also briefed on the nature of expedition, equipments and team composition. You can also make your last minute buying of personal items if anything missed. Overnight at Hotel Vaishali****.

Included Meal: Breakfast

Day 03: Final Preparation Day

Nepal is land of many festivals and holidays. And this day is reserve day in case if previous day is holiday in Ministry of Tourism for climbing permit formalities. Also today you can do last minutes shopping if you missed to buy anything for this expedition. If there is no holiday in previous day, you'll free time to res and explore around Kathmandu valley. Overnight at Hotel Vaishali***

Included Meal: Breakfast

Day 04: Flight: Kathmandu-Tumlingtar and drive Tumlingtar-Num

Depending on your flight time to Tumlingtar, you'll be transferred to Kathmandu Domestic Airport Terminal. And you'll fly to Tumlingtar which will be about one hour flight. Upon arrival at Tumlingtar airport, you'll meet some of your team/guide and will drive to Num. Tumlingtar is a small town that sits at the base of the hills of Makalu-Barun national park. You'll be overnight at tented camp.

Altitude of Num: 1505 meter | **Flight:** 50 min | **Included Meal:** Breakfast, Lunch and Dinner

Day 05: Trek: Num - Seduwa

After breakfast at Num, you'll trek to Seduwa today. The trail follows the valley you can spot your next stop at Seduwa, which means today is a full day of descending down to the Arun river (650m), and then trudging back up! You'll pass through farming villages and terraced fields, and the hot jungle by the river. After crossing a suspension bridge, it's a steep climb to Seduwa. This village is the main entry point into the Makalu-Barun national park. Overnight at Tented Camp.

Altitude of Seduwa: 1500 meter | **Drive:** Aprox. 5 - 6 hours

Included Meal: Breakfast, Lunch and Dinner

Day 06: Trek: Seduwa - Tashi Gaon

After breakfast at Seduwa, you'll trek to Tashi Gaon. The trail follows towards north-west towards of Makalu, trekking through fields and Sherpa villages. Tashigaon is the main Sherpa settlement in this area, and it is also the last permanent settlement. Beyond here, it is remote wilderness.. Overnight at Tented Camp.

Altitude of Tashi Gaon: 2100 meter | **Trek:** Aprox. 4-5 hrs | **Altitude Gain:** 600 meter
Included Meal: Breakfast, Lunch and Dinner

Day 07: Trek: Tashi Gaon - Khongma Danda

As always after breakfast at camp, you'll trek to Khonma Danda today. The trials will be it's a continuous and steady climb to Khongma. Due to the large height gain, remember to walk slowly to allow your body time to acclimatize. The trail wanders through dense forest and then opens to some huts at Chipla as it contours around ridges. As we progress higher, the environment becomes more high alpine with scrubs. Overnight at Tented Camp.

Altitude of Khongma Danda: 3500 meter | **Trek:** Aprox. 5-6 hrs | **Altitude Gain:** 1400 meter
Included Meal: Breakfast, Lunch and Dinner

Day 08: Trek: Khongma Danda - Mumbuk

After breakfast, today you'll trek to Mumbuk. You'll continuing up the Barun valley alongside the Barun River, you can enjoy views of Peak 6 (6524m) and Peak 7 (6758m) just west of the trail. Our stop for the night is in a lovely meadow at the foot of the valley head. You'll pass Shipton La Pass (4125m) on the way to reach Mumbuk. Overnight at Tented Camp.

Altitude of Mumbuk: 3540 meter | **Trek:** Aprox. 6-7 hrs | **Altitude Gain:** 40 meter
Included Meal: Breakfast, Lunch and Dinner

Day 09: Trek: Mumbuk - Yangle Kharka

After having breakfast at Mumbuk, you'll trek to Yangle Kharka. Today trail will also continues up the Barun valley alongside the Barun river, you can enjoy views of Peak 6 (6524m) and Peak 7 (6758m) just west of the trail. Today's stop for the night is in a lovely meadow at the foot of the valley head. Overnight at Tented Camp.

Altitude of Yangle Kharka: 3557 meter | **Trek:** Aprox. 5-6 hrs | **Altitude Gain:** 17 meter
Included Meal: Breakfast, Lunch and Dinner

Day 10: Trek: Yangle Kharka - Shershong

After breakfast at Yangle Kharka, today you'll trek to Hillary Base camp/Shershong. Today's route heads up into the valley towards the Barun glacier passing a few yak herder settlements. Today's stop for the night will be in a cleared yak pasture located a stone's throw from Tibet. Surrounded by Peak 6, Chonku Chuli (6830m) and Peak 3 (6108m), you know Makalu is now just around the corner. Overnight at Tented Camp.

Altitude of Shershong: 4630 meter | **Trek:** 4-5 hrs | **Altitude Gain:** 1043 meter
Included Meal: Breakfast, Lunch and Dinner

Day 11: Rest and Acclimatization Day in Shershong

Today you'll rest at Shershong for acclimatization day. You'll spend an extra day at Shershong before moving to base camp. This will improve your acclimatization and will provide extra time as our team establishes camps ahead. Overnight at Tented Camp.

Included Meal: Breakfast, Lunch and Dinner

Day 12: Trek: Shershong - Makalu Base Camp

After breakfast today you'll move to Makalu Base Camp. The trail follows the rocky terrain, the south face and unclimbed southeast ridge of Makalu will be clearly visible. Our base camp is placed near the foot of the Barun glacier. After reaching at Base Camp, you'll set up base camp there. Overnight at Tented Camp.

Altitude of Base Camp: 4870 meter | **Trek:** 4-5 hrs | **Altitude Gain:** 240 meter
Included Meal: Breakfast, Lunch and Dinner

Day 13-14: Base Camp Set and Pooja Ceremony

After spending first night at Base Camp, today you'll start your daily routine of climbing period. Your climbing guide/High Altitude Sherpa will brief you about your next days schedule for attempts and training. Today we'll set up base camp and conduct a Pooja Ceremony (worship/pray) for good luck of climbing. Overnight at Tented Camp.

Included Meal: Breakfast, Lunch and Dinner

Day 15: Base Camp - Advance Base Camp

After 2 nights' sleeping at base camp, you'll move to advance base camp. Today you'll climb up onto and along the Barun glacier, passing the West face of Makalu. Advance Base Camp is a rocky camp located on the north ridge just off the west pillar of Makalu. It's a steep trek up the glacier moraine to reach it. This will now be our home away from home during the expedition. Overnight at Tented Camp.

Altitude of Advance Base Camp: 5700 meter | **Trek:** 6-7 hrs | **Altitude Gain:** 830 meter

Day 16: Rest Day in ABC

You'll settle into our home and rest to allow our bodies to acclimatize. This is also a time for conducting final gear checks and inspecting equipment. Our Sherpas guides will be establishing camps higher on the mountain in preparation for our climb rotations.

Included Meal: Breakfast, Lunch and Dinner

Day 17 - 25: Rotations to Camp I (6340m), Camp II (6670m) and Camp III (7400m)

During these days you'll rotate to higher camps. You'll begin our first forays on the mountain with a series of climbs: half way to Camp I, to Camp I overnight, to Camp I overnight and touch Camp II, and eventually to Camp II overnight and touch Camp II. Between climbs you will return to base camp and rest to continue improving our acclimatization physiology. The route between ABC and Camp I (6350m) meanders around crevasses and a 150m ice wall of Chago glacier. The camp is situated on a plateau on the glacier. The journey to Camp II (6670m) is a short distance from Camp I, further along the glacier that requires careful climbing between crevasses. The next section of the route is more technical up to Makalu La and Camp III (7400m). It begins gradually up the glacier until a steep rock band that is icy and snow covered for 300m. We then cross a snow field that is avalanche prone before reaching another section of rock and ice. Finally once on the Makalu La, you'll climb to a less exposed site on the glacier. The rotation to Camp III is very weather dependent; it shouldn't be attempted when strong winds are gusting across the pass. Overnight at Tented Camp.

Included Meal: Breakfast, Lunch and Dinner

Day 26 - 27: Rest in Advance Base Camp

After rotation up to Camp III, now you'll be tired too. So these 2 days you'll rest at Advance Base Camp. It is important to rest at a lower altitude before final push to Camp IV and the summit. This allows your muscles to recover with higher oxygen levels and improved nutrition from the camp kitchen. Also relax your mind, climbing a mountain is both a physical and mental challenge. Take this time to reset your mind to prepare you for the mental challenges ahead above 8000m. Overnight at Tented Camp.

Included Meal: Breakfast, Lunch and Dinner

Day 28 - 36: Climb to Camp IV (7600m) and Summit Mount Makalu (8463m)

Depending on weather and fitness of participants, during these days you'll climb to Camp IV and attempt summit via Camp I, II and III. If weather and other conditions are right, you'll head towards higher camps from Advance Base Camp. During these days you'll move to Camp I and Camp II

and will sleep there for few nights. Alternatively, depending on everyone's fitness and acclimatization, you might directly head to Camp II and bypass Camp I. And then move to Camp IV (7600m) is located across a snow field. The next day, it's an alpine midnight start for the summit. Given the harsh conditions of Camp III and IV, we aim to spend a minimal amount of time above Camp II. The route from Camp IV to the summit is the most technically demanding of the entire route, added to the fact that you're into 8000m+ thin air. You'll begin traversing an ice band and then climb a snow ramp to a plateau. We need to carefully cross the plateau avoiding crevasses to the French couloir of 300m height. Climbing the couloir is not too steep and is a mix of rock and snow. You will top out onto the summit ridge, which is an icy exposed plateau with summit towers you will carefully climb around to reach the summit. And then you'll descend to Camp III if possible. Overnight at tented camp.

Day 37: Reach Base Camp and Clean up and Close Base Camp

After successfully summit of 8463 meter mountain, you'll back to up Base camp. And then we shall clean base camp and close base camp to return back. Overnight at tented camp.

Included Meal: Breakfast, Lunch and Dinner

Day 38: Trek: Makalu Base Camp- Yangle Kharka

After breakfast at camp, you'll descent to Yangle Kharka. Overnight at tented camp.

Included Meal: Breakfast, Lunch and Dinner

Day 39: Trek: Yangle Kharka - Dobate

From Yangle Kharka, now you'll walk to down to Dobate. Overnight at Tented Camp.

Included Meal: Breakfast, Lunch and Dinner

Day 40: Trek: Dobate - Tashi Gaon

After having breakfast at Dobate, you'll descent to Tashi Gaon. Overnight at Tented Camp.

Included Meal: Breakfast, Lunch and Dinner

Day 41: Trek: Tashi Gaon - Num

From Tashi Gaon, you'll walk down to Num. Overnight at Tented Camp.

Included Meal: Breakfast, Lunch and Dinner

Day 42: Drive: Num - Tumlingtar

From Num, you'll drive to Tumlingtar. Overnight at Tented Camp.

Included Meal: Breakfast, Lunch and Dinner

Day 43: Flight: Tumlingtar - Kathmandu

Depending on flight time, you'll transfer to Tumli-

ngtar airport and fly to Kathmandu. Upon arrival in Kathmandu airport, you'll transfer to hotel. And at hotel you can rest. Overnight at Hotel Vaishali***

Included Meal: Breakfast, Lunch and Dinner

Day 44: Rest in Kathmandu

Today is fully free to relax, take shower and chill with beers. And it will be celebration party of successful summit of world's highest peak Mount Everest while the tour leader will be visit Ministry of Tourism for formal de-briefing. And today, Sherpa Shepherds will organize a farewell dinner at typical Restaurant with cultural performances. Overnight at Hotel Vaishali***

Included Meal: Breakfast

Day 45: Departure from Kathmandu

Depending your flight time, Sherpa Shepherds will drop to you airport.

TRIP PRICES

Above trip cost is per person and twin sharing basis. The trip cost is for joining basis. Mini-mum participant to run this trip is 5 person. If no. of participants in this trip is less than 5 persons, Sherpa Shepherds reserves right to cancel or postpone the trip. However if you would like to continue trip even if we do not reach minimum number to run this trip, we can run this trip upon your request. But supplemental charge will be applicable.

WHAT'S INCLUDED

Semi Services

Ground Transfers:

- All airport/hotel/airport transfers as per program by private A/C vehicles

Flight & Cargo:

- Kathmandu-Tumlingtar flight with airport taxes
- Tumlingtar-Kathmandu flight with airport taxes
- 60 kg per person baggage including personal baggage for flight and trek

Accommodations & meals:

- 5 nights in Kathmandu at Hotel Vaishali or similar*** with bed and breakfast on twin sharing basis
- 13 nights at local lodges during trek to BC and back with full board (breakfast, Lunch and Dinner) on twin sharing basis

- 26 nights in tented camps at base camps with full board (breakfast, Lunch and Dinner) on single tent basis
- Farewell dinner at Bhojan Griha with typical Nepalese foods and cultural dances

Permits & Fees:

- Makalu Expedition Permit Fee USD 1800 per person
- Makalu National Park Fee
- Fees for Liaison Officer, his/her insurance, food allowance and flights
- Insurance of whole Nepali staff including porters in order to obtain permit
- Garbage Deposit at ministry

Supporting Staffs till/ at Base Camp:

- 1 trekking guide for Tumlingtar-BC and BC-Tumlingtar
- 1 Base Camp Cook
- Required Kitchen boy and helpers
- Required porters to carry loads for Tumlingtar-BC and BC- Tumlingtar

Equipments at BC:

- 1 sleeping tent for every member
- Foam mattress for every member
- Dining tent, kitchen tent, shower tent, store tent and toilet tents
- All require kitchen utensils with fuel
- Tables and chairs
- Solar Lights system
- Comprehensive First Aid Kit
- Gas Heater (for dining tent only)

Full Services

Ground Transfers:

- All airport/hotel/airport transfers as per program by private A/C vehicles

Flight & Cargo:

- Kathmandu-Tumlingtar flight with airport taxes
- Tumlingtar-Kathmandu flight with airport taxes
- 60 kg per person baggage including personal baggage for flight and trek

Accommodations & meals:

- 5 nights in Kathmandu at Hotel Vaishali or similar*** with bed and breakfast on twin sharing basis
- 13 nights at local lodges during trek to BC and back with full board (breakfast, Lunch and Dinner) on twin sharing basis
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- Garbage Deposit at ministry

Supporting Staffs till/ at Base Camp:

- 1 trekking guide for Tumlingtar-BC and BC-Tumlingtar
- 1 Base Camp Cook
- Required Kitchen boy and helpers
- Required porters to carry loads for Tumlingtar-BC and BC- Tumlingtar

Equipments at BC:

- 1 sleeping tent for every member
- Foam mattress for every member
- Dining tent, kitchen tent, shower tent ,store tent and toilet tents
- All require kitchen utensils with fuel
- Tables and chairs
- Solar Lights system
- Comprehensive First Aid Kit
- Gas Heater (for dining tent only)

Supporting Staffs in the mountain (Above BC):

- 1 High Altitude Sherpa for every two members with his daily wages, food, flights, equipment allowance etc.

Equipments in the mountain (Above BC):

- High Tents for both member and HA Sherpas
- High Altitude Food for members and Sherpas
- Climbing Gear in the mountains such as fixed rope, main rope, snow bars, snow shovel, carabiners etc.
- 4 bottles oxygen for every member and 2 bottles oxygen for every HA Sherpa
- One set of mask & regulator for every members and sherpas
- 1 Satellite Phone, Walki-talkie
- Cooking set in the mountain such as Epi gases, gas burner, cooking pots etc for members and sherpas

WHAT'S NOT INCLUDED

- Personal climbing gears
- All personal expenses like alcoholic beverages, bottled drinks, telephone calls, laundry services etc.
- Insurance: Travel/Accident/Medical / emergency evacuation
- International airfare and taxes
- Nepal Visa fees
- Additional High Altitude Sherpa USD 4500 per Sherpa
- Sherpa Summit Bonus USD 1300 & Non Summit Bonus USD 900 Per Sherpa
- Carrying bonus in the mountain USD 1800 to USD 2000 per sherpa
- Extra Porter USD 400 Per porter (if personal baggage is more than 60 kg per person)
- Rope Fixing USD 350 per person
- International Air Cargo Tax Fee USD 120 Per member
- Tips for staff
- All extra services if required (except motioned in 'The Price Include' section)

TRIP NOTES

Insurance

It is mandatory to have good travel insurance or emergency evacuation insurance which will cover evacuation by any means of transportation from high altitude. It is also highly recommended that all member have cancellation insurance in case of an accident prior to departure, or if the trip is cancelled due to unforeseen circumstances.

Fitness & Experiences

For personal safety and success, excellent physical conditions are required. Prior to the trek we suggest physical activities such as running, swimming and cycling combined with climbs to smaller peaks which includes climbs that involves travel on crampons under all sorts of conditions. Be sure you are comfortable with extreme exposure and steep drop offs for long periods of time and capable of carrying heavy pack of an average of 30lbs. include plenty of technical rock and ice climbing experiences, so you are fairly comfortable following on alpine rock route. Be acquainted with jumars, ascenders, crampons, all your gear, and knot .We will review each climber's bio on an individual basis to help develop climbers interested in attempting Mount Makalu.

Food

The more food you eat at altitude the better you'll perform. Considering the loss of appetite on higher altitude, Sherpa Shepherds guide will help you to choose food items that have quality and easiest to digest at higher-altitude during the trekking and accommodation in the lodges. However at base camp, our expedition cook will be set best menu. We suggest you to bring your own food if you so desire such as chocolate bars, dry foods etc. We cater to different dietary requirements and full vegetarian menus can be provided on request.

Accommodation

In Kathmandu you will stay at star deluxe hotels and while you're on trek your accommodation will be in local lodges/guest houses. At base camp, your accommodation will be in tented camps. You should therefore not expect the standards that can be achieved in luxury accommodation in the city. All accommodation is arranged on a twin sharing basis during the trekking and local lodges won't be off course as like in hotels in Kathmandu.

Emergency Rescue

In case of any high altitude sickness problems normally as a primary precaution first it is advised to come down immediately to lower altitude for some rest and in the worse condition you have to further come down either by helicopter or by land transport.

Weather Forecast

For the climbing weather report we advise you to use from Meteo Swiss or from Austria or we can help you to get in contact with them. For the prompt weather Forecast send to you by SMS or email or on phone to prepare your summit attempt.

Recommended Personal Gears

1. Down suits (dangri)- 1 pc
2. Summit shoe- 1 pair
3. Walking shoe-1 pair
4. Crampon- 1 pair
5. Summit Glove- 1 pair
6. Normal gloves- 2 pairs
7. Summit Snow goggles- 1 pc
8. Glacier glasses- 1 pc
9. Ice axe- 1 pc
10. Harness- 1 pc
11. Jumer- 1 pc
12. Carabiners (normal)- 3 pcs
13. Sleeping bag (-40C)- 1 pc
14. Down filled Mattress- 1 pc
15. Summit socks- 2 pairs
16. Normal socks- 3 pairs
17. Climbing bag (40 ltr)- 1 pc
18. Helmet- 1 pc
19. Down jacket- 1 pc
20. Down trouser-1 pc
21. 8 finger /descender- 1 pc
22. Headlamp- 1 pc
23. Gore-tex jacket- 1 pc
24. Gore-tex trouser- 1 pc
25. Fleece jacket-1 pc
26. Fleece trouser- 1 pc
27. Fleece liner gloves- 3 pairs
28. Screw Gate Carabiner- 1 pc
29. Windstopper- 1 pc
30. Thermos bottle- 1pc
31. Base layer (woolen)- 2 sets
32. Water bottle normal- 1 pc

Need any expert advice?

If you would like talk to expert to discuss any aspects of climbing and other queries, please meet or talk to our experts. We can be reached by:

E-mail: info@sherpashepherds.com

Mobile: +977 9841027075 (available on Whatsapp & Viber)

Skype: live:info_813995

BOOKING TERMS

"Please kindly read these TERMS AND CONDITIONS before booking your trips. Participation in our trips indicates that you accept these terms and conditions. You must carefully read the following Terms & conditions of contract and waiver of liability details Booking Procedure. Read detail terms and conditions at <https://sherpashepherds.com/booking-conditions/>

WHY SHERPA SHEPHERDS?

Sherpa Shepherds has wealth of experiences in the mountains and the team of world renowned climbers who have set records of climbing including at Guinness Book of World Records. We offer unique and specialized peak climbing/expeditions in the Himalayas by using our extensive knowledge, experience and climbing skills.

1. Trend Setter of Smart Mountaineering:

We are the leader and initiator of 'Smart Mountaineering' in Nepal and we have synchronized the latest technologies and our wealth of experiences to ensure safe and quality mountaineering in the Himalaya. Sherpa Shepherds is one and only expedition operator in Nepal which adopts smart mountaineering while we are leading our clients to the top of the mountains.

2. Initiator of Responsible Adventure:

We are the trendsetter of 'Responsible Adventure' in Nepalese tourism industry. Sherpa Shepherds have launched mountaineering for social cause for the first time ever in Nepal. Through this responsible adventure/mountaineering, Sherpa Shepherds has been able to bring visually impaired person to Mount Everest, First Tamang and First Gurung female to Mount Everest, oldest person to Mount Everest, physically disabled person to Mount Everest, climbed Mount Everest to raise voice against human trafficking and gender inequality, climbed to alert about Global Warming, Women Empowerment and many more.

3. The Company Run by Sherpa Climbers:

Believe or not, Sherpas were always leader in the Himalayas. While we talk about mountaineering or climbing of giant 8000 meter peaks, we never miss Sherpa. Sherpa people or Sherpa climber have historic achievement in mountaineering sector. Mountaineering started in 1953 with Tenzing Norgay Sherpa and Sherpa became the leader in any expeditions in the Himalaya. The fact is Sherpa people are born, grown up in the mountains. That's why Sherpa people do not face any problem of high altitude sickness.

4. Team of World Record Holding Climbers:

We are the team of 'World Record Holding Climbers' renowned and recognized by Guinness Book of World Records'. Most of the owners and climbers of Sherpa Shepherds are world record holders in mountaineering.



**SHERPA
SHEPHERDS**

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