



KANCHENJUNGA EXPEDITION

Climb world's third highest mountain

54 Days | 8586 meter



ABOUT THIS EXPEDITION

Mount Kanchejunga (8586 meter) is the third highest mountain in the world and it the second highest Himalayan peak of Nepal. This mountain is third after Mount Everest and Mount K2 in the world. Mount Kanchenjunga is located in the eastern part of Nepal. The name "Kanchenjunga" is derived from the Tibetan word 'Kanchen' and 'Dzonga'. 'Kanchenjunga' means "The Five Treasures of the Great Snows", as it contains five peaks, Kanchenjunga I (8586m), Kanchenjunga West (8505m), Kanchenjunga South (8494m) and Kangbachen (7903m). The treasures represent the five repositories of God, which are gold, silver, gems, grain, and holy books.

Kanchenjunga situated between Nepal and Sikkim. This mountain is in remote place and relatively less trekking in this region. Due to its beauty and size it is considered a sacred mountain by local people of Sikkim. It was first climbed by a British team in 1956.

TRIP AT GLANCE



Duration
54 Days



Destination
Nepal



Group Size
5-12 Pax



Ascent
Route
**South
Face**



Elevation
**8586
meter**



Grade
**Very
Tough**

This mountain is located in Kanchenjunga Conservation Area Project run by the World Wildlife Fund in association with Government of Nepal. Kanchenjunga Expedition is the most easterly of the great 8,000 meter peaks of the Himalaya. To climb this mountain is technical, even along the normal route but it is extremely interesting to climb with technical and intricate mixed rock and ice climb to the North Col followed by a not too technical steady 1500m ascent to the summit. Sherpa Shepherds team support all climbers for logistic services, catering and climbing support.



PRICE AND DATES

SEMI SERVICE: USD 12800 P.P.*
FULL SERVICE: USD 19800 P.P.*

SPRING 2019: 10 APRIL TO 2 JUNE
AUTUMN 2019: 15 SEPT TO 7 NOV
SPRING 2020: 10 APRIL TO 2 JUNE
AUTUMN 2020: 15 SEPT TO 7 NOV

FEATURED GUIDE



PEMBA NURU SHERPA
11th times Everest Summiteer



DAMAI CHHIRI SHERPA
High Altitude Cook

TRIP ITINERARY

Day 01: Arrival in Kathmandu

Upon your arrival at the Tribhuvan airport, Sherpa Shepherds representative welcome you and assists to transfer in your hotel in Kathmandu. Upon arrival at hotel, a Sherpa Shepherds tour manager will brief you about trip, check-up climbing gears and fix time for visit at Ministry of Tourism for permit along other necessary information. And then you'll have free time to explore Kathmandu. Overnight at Hotel Vaishali****

Included Meal: No | **Altitude of Kathmandu:** 1310 meter | **Drive:** 20 min (airport to hotel)

Day 02: Check Up Climbing Gears and Briefing at Tourism Ministry

Today is free day for preparation of Expedition. You'll have free time to check climbing gears or explore around Kathmandu while the leader will attend the Ministry of Tourism for a formal briefing. The day will also be for finalizing official procedure and other necessary arrangements. If you want to explore the fascinating city of Kathmandu, you can visit Kathmandu's World Heritage Sites. We make a guided tour to some of UNESCO World Heritage Sites in the Kathmandu valley: Kathmandu Durbar Square, Pashupatinath, Swayambhu, and Boudhnath. You will be also briefed on the nature of expedition, equipments and team composition. You can also make your last minute buying of personal items if anything missed. Overnight at Hotel Vaishali****.

Included Meal: Breakfast

Day 03: Final Preparation Day

Nepal is land of many festivals and holidays. And this day is reserve day in case if previous day is holiday in Ministry of Tourism for climbing permit formalities. Also today you can do last minutes shopping if you missed to buy anything for this expedition. If there is no holiday in previous day, you'll free time to res and explore around Kathmandu valley. Overnight at Hotel Vaishali***

Included Meal: Breakfast

Day 04: Flight: Kathmandu - Bhadrapur and drive to Phidim

Depending on your flight time to Badrapur, you'll be transferred to Kathmandu Domestic Airport Terminal. And you'll fly to Badrapur which will be about one hour flight. Upon arrival at Badrapur airport, you'll meet some of your team/guide and will drive to Phidim. Overnight at Guest House in Phidim.

Altitude of Phidim: 1276 meter | **Flight:** 45 min | **Drive:** 3 hrs

Included Meal: Breakfast, Lunch and Dinner

Day 05: Drive: Phidim - Khangtenba

After breakfast at Phidim, you'll continue your drive to Khangtenba. Overnight at Lodge.

Drive: Aprox. 7 hrs

Included Meal: Breakfast, Lunch and Dinner

Day 06: Trek: Khangtenba - Khewang

After breakfast at Khangtenba you'll start walking to Khewang. Overnight at Tented Camp

Altitude of Khewang: 1740 meter | **Trek:** Aprox. 5 - 7 hours | **Altitude Gain:** 819m

Included Meal: Breakfast, Lunch and Dinner

Day 07: Trek: Khewang - Yamphudin

Today, you'll trek to Yamphudin. The trail leads you towards short climb to the north along the Kabeli Khola. Along the way we meet some chortens. Descent between the rocks to the village of Yamphudin (1690m). People belonging to minorities around limbus, spokes and Gurungs. Overnight at Tented Camp

Altitude of Yamphudin: 2080 meter | **Trek:** Aprox. 4 - 5 hours | **Altitude Gain:** 340m

Included Meal: Breakfast, Lunch and Dinner

Day 08: Trek: Yamphudin - Torton

After breakfast, you'll trek to Torton. You'll cross the Kabeli Khola by a series of bridges and backed up on the ridge between two rivers. Overnight at Tented Camp

Altitude of Torton: 2995 meter | **Trek:** Aprox. 4 - 5 hours | **Altitude Gain:** 915m

Included Meal: Breakfast, Lunch and Dinner

Day 09: Trek: Torton - Tseram

From Torton you'll towards south east part of Kanchenjunga to reach Tseram. The trail leads you towards a long climb uphill, between the two hamlets there are almost 900 meters of vertical drop. From here you are not away from neighboring Sikkim. Passage in the forest, and between piles of rocks from former landslides to reach. Overnight at Tented Camp

Altitude of Tseram: 3870 meter | **Trek:** Aprox. 4 - 5 hours | **Altitude Gain:** 875m

Included Meal: Breakfast, Lunch and Dinner

Day 10: Trek: Tseram - Ramche

From Tseram you'll trek to Ramche. Today you'll cross the limit for alpine shrub facing the peaks of Rathong and Kabru. The trail follows the terminal moraine of the Yalung glacier. On the heights, it is possible to see blue sheep (large bharals). A flat valley where some houses Ramche to mark the end of the occupation human is the place of our camp. Overnight at Tented Camp.

Altitude of Ramche: 4432 meter | **Trek:** Aprox. 4 hours | **Altitude Gain:** 562m

Included Meal: Breakfast, Lunch and Dinner

Day 11: Rest and Acclimatization Day in Ramche

Today you'll rest at Ramche for acclimatization. Overnight at Tented Camp.

Included Meal: Breakfast, Lunch and Dinner

Day 12: Hike to Yalung Glacier and back to Ramche

Today you'll hike to Yalung Glacier for acclimatization and back to Ramche. The purpose of this day is to reach the highest point of the moraine overlooking the glacier and the majestic peaks! The path goes along the river and you can see the main mass of Kanchenjunga (8586 m). Of crest of the moraine, the view is spectacular on the south side of Kanchenjunga; on the left edge to the west, the arrow Jannu or Khumbakarna.

Included Meal: Breakfast, Lunch and Dinner

Day 13: Trek: Ramche - Glacier Camp

Today you'll head towards to glacier camp. Overnight at Tented Camp.

Altitude of Glacier Camp: 4950 meter | **Trek:** Aprox. 4 hours | **Altitude Gain:** 518m

Included Meal: Breakfast, Lunch and Dinner

Day 14: Trek: Glacier Camp - Kanchenjunga Advance Base Camp

Today you'll trek to Kanchenjunga Advance Base Camp. Upon arrival at base camp, we shall set up camp there. Overnight at Tented Camp.

Altitude of KABC: 5400 meter | **Trek:** Aprox. 4-6 hours | **Altitude Gain:** 450m

Included Meal: Breakfast, Lunch and Dinner

Day 15: Trek: Base Camp Set up

After spending first night at Base Camp, today you'll start your daily routine of climbing period. Your climbing guide/High Altitude Sherpa will brief you about your next days schedule for attempts to Camp 1, training at Icefall. Today we'll set up base camp and conduct a Pooja Ceremony (worship/pray) for good luck of climbing. Overnight at Tented Camp.

Included Meal: Breakfast, Lunch and Dinner

Day 16 - 44: Trek: Kanchenjunga Climbing Period

During these days, you'll spend and explore around base camp to get used to with local climate, acclimatization, rotation to higher camps and summit of Mount Kanchenjunga. Overnight at Tented Camp.

Included Meal: Breakfast, Lunch and Dinner

Day 45: Trek: Clean Up and Base Camp Closing

After summit, we shall clean up base camp and pack up all base camp equipments, wastes/garbage. Overnight at Tented Camp.

Included Meal: Breakfast, Lunch and Dinner

Day 46: Trek: Base Camp - Ramche

From Base camp, now you'll walk to down to Ramche. Overnight at Tented Camp.

Included Meal: Breakfast, Lunch and Dinner

Day 47: Trek: Ramche - Torton

After having breakfast at Ramche, you'll descent to Torton. Overnight at tented camp.

Included Meal: Breakfast, Lunch and Dinner

Day 48: Trek: Torton - Yamphudin

From Torton, you'll walk down to Yamphudin. Overnight at Tented Camp.

Included Meal: Breakfast, Lunch and Dinner

Day 49: Trek: Yamphudin - Khewang

From Yamphudin, you'll walk down to Khewang. Overnight at Tented Camp.

Included Meal: Breakfast, Lunch and Dinner

Day 50: Trek: Khewang - Khangtenba

From Khewang, you'll walk down to Khangtenba. Overnight at Lodge.

Included Meal: Breakfast, Lunch and Dinner

Day 51: Drive: Khangtenba - Badrapur

From Khangtenba you'll drive to Badrapur. And overnight stay at Badrapur. Overnight at Guest House.

Included Meal: Breakfast, Lunch and Dinner

Day 52: Flight: Badrapur - Kathmandu

From Badrapur, you'll fly to Kathmandu by aero plan. Upon arrival in Kathmandu, you'll transfer to hotel. And then rest and relax at hotel. Overnight at Hotel Vaishali***

Included Meal: Breakfast

Day 53: Kathmandu Free Day

Today is fully free to relax, take shower and chill with beers. And it will be celebration party of successful summit of world's highest peak Mount Everest while the tour leader will be visit Ministry of Tourism for formal de-briefing. And today, Sherpa Shepherds will organize a farewell dinner at typical Restaurant with cultural performances. Overnight at Hotel Vaishali***

Included Meal: Breakfast & Dinner

Day 54: Departure from Kathmandu

Depending your flight time, Sherpa Shepherds will drop to you airport.

TRIP PRICES

Above trip cost is per person and twin sharing basis. The trip cost is for joining basis. Mini-mum participant to run this trip is 5 person. If no. of participants in this trip is less than 5 persons, Sherpa Shepherds reserves right to cancel or postpone the trip. However if you would like to continue trip even if we do not reach minimum number to run this trip, we can run this trip upon your request. But supplemental charge will be applicable.

WHAT'S INCLUDED

Semi Services

Ground Transfers:

- All airport/hotel/airport transfers as per program by private A/C vehicles
- Badrapur-Ilam-Tablejung by jeep/bus with trekking team + equipment
- Tablejung –Birtamod by jeep/bus with trekking team + equipment

Flight & Cargo:

- Kathmandu-Badrapur flight with airport taxes
- Badrapur-Kathmandu flight with airport taxes
- 60 kg per person baggage including personal baggage for flight and trek

Accommodations & meals:

- 5 nights in Kathmandu at Hotel Vaishali or similar*** with bed & breakfast on twin sharing basis
- 16 nights at local lodges /Guest houses during trek to BC and return as per above program with full board (breakfast, Lunch and Dinner) basis on twin sharing basis
- 32 nights at tented camps at base camps with full board (breakfast, Lunch and Dinner) on single tent basis
- Farewell dinner at Bhojan Griha with typical Nepalese foods and cultural dances

Permits & Fees:

- Kanchenjunga Expedition Permit Fee USD 1800 per person
- Kanchenjunga National Park Fee
- Fees for Liaison Officer, his/her insurance, food allowance and flights
- Insurance of whole Nepali staff including porters in order to obtain permit
- Garbage Deposit at ministry

Supporting Staffs till/ at Base Camp:

- 1 trekking guide for Tablejung-BC and BC-Tablejung
- 1 Base Camp Cook
- Required Kitchen boy and helpers
- Required porters to carry loads for Tablejung - BC and BC- Tablejung

Equipments at BC:

- 1 sleeping tent for every member
- Foam mattress for every member
- Dining tent, kitchen tent, shower tent, store tent and toilet tents
- All require kitchen utensils with fuel
- Tables and chairs
- Solar Lights system
- Comprehensive First Aid Kit & Gas Heater (for dining tent only)

Full Services

Ground Transfers:

- All airport/hotel/airport transfers as per program by private A/C vehicles
- Badrapur-Ilam-Tablejung by jeep/bus with trekking team + equipment
- Tablejung –Birtamod by jeep/bus with trekking team + equipment

Flight & Cargo:

- Kathmandu-Badrapur flight with airport taxes
- Badrapur-Kathmandu flight with airport taxes
- 60 kg per person baggage including personal baggage for flight and trek

Accommodations:

- 5 nights in Kathmandu at Hotel Vaishali or similar*** on twin sharing basis
- 16 nights at local lodges /Guest houses during trek to BC and return as per above program on twin sharing basis
- 32 nights in tented camps at base camps on single tent basis

Meals:

- 5 breakfasts in Kathmandu hotel
- 3 meals a day during trip to BC for 16 night at local lodges and 32 night at tented camps (breakfast, Lunch and Dinner)
- Farewell dinner at Bhojan Griha with typical Nepalese foods and cultural dances

Permits & Fees:

- Kanchenjunga Expedition Permit Fee USD 1800 per person
- Kanchenjunga National Park Fee
- Fees for Liaison Officer, his/her insurance, food allowance and flights
- Insurance of whole Nepali staff including porters in order to obtain permit
- Garbage Deposit at ministry

Supporting Staffs till/ at Base Camp:

- 1 trekking guide for Tablejung-BC and BC-Tablejung
- 1 Base Camp Cook
- Required Kitchen boy and helpers
- Required porters to carry loads for Tablejung - BC and BC- Tablejung

Equipments at BC:

- 1 sleeping tent for every member
- Foam mattress for every member
- Dining tent, kitchen tent, shower tent , store tent and toilet tents
- All require kitchen utensils with fuel
- Tables and chairs, Solar Lights system
- Comprehensive First Aid Kit

- Gas Heater (for dining tent only)

Supporting Staffs in the mountain (Above BC):

- 1 High Altitude Sherpa for every two members with his daily wages, food, flights, equipment allowance etc.

Equipments in the mountain (Above BC):

- High Tents for both member and HA Sherpas
- High Altitude Food for members and Sherpas
- Climbing Gear in the mountains such as fixed rope, main rope, snow bars, snow shovel, carabiners etc.
- 4 bottles oxygen for every member and 3 bottles oxygen for every HA Sherpa
- One set of mask & regulator for every members and sherpas
- 1 Satellite Phone, Walki-talkie
- Cooking set in the mountain such as Epi gases, gas burner, cooking pots etc for members and sherpas

WHAT' S NOT INCLUDED

- Personal climbing gears
- All personal expenses like alcoholic beverages, bottled drinks, telephone calls, laundry services etc.
- Insurance: Travel/Accident/Medical / emergency evacuation
- International airfare and taxes
- Nepal Visa fees
- Additional High Altitude Sherpa USD 5500 per sherpa
- Sherpa Summit Bonus USD 1500 & Non Summit Bonus USD 950 Per Sherpa
- Rope Fixing USD 350 per person
- Carrying bonus in the mountain USD 2000 to USD 2500 per sherpa
- Extra Porter USD 350 Per porter (if personal baggage is more than 60 kg per person)
- International Air Cargo Tax Fee USD 120 Per member
- Tips for staff

TRIP NOTES

Insurance

It is mandatory to have good travel insurance or emergency evacuation insurance which will cover evacuation by any means of transportation from high altitude. It is also highly recommended that all member have cancellation insurance in case of an accident prior to departure, or if the trip is cancelled due to unforeseen circumstances.

Fitness & Experiences

For personal safety and success, excellent physical conditions are required. Prior to the trek we suggest physical activities such as running, swimming and cycling combined with climbs to smaller peaks which includes climbs that involves travel on crampons under all sorts of conditions. Be sure you are comfortable with extreme exposure and steep drop offs for long periods of time and capable of carrying heavy pack of an average of 30lbs. Includes plenty of technical rock and ice climbing experiences, so you are fairly comfortable following on alpine rock route. Be acquainted with jumars, ascenders, crampons, all your gear, and knot .We will review each climber's bio on an individual basis to help develop climbers interested in attempting Mount Kanchenunga.

Food

The more food you eat at altitude the better you'll perform. Considering the loss of appetite on higher altitude, Sherpa Shepherds guide will help you to choose food items that have quality and easiest to digest at higher-altitude during the trekking and accommodation in the lodges. However at base camp, our expedition cook will be set best menu. We suggest you to bring your own food if you so desire such as chocolate bars, dry foods etc. We cater to different dietary requirements and full vegetarian menus can be provided on request.

Accommodation

In Kathmandu you will stay at star deluxe hotels and while you're on trek your accommodation will be in local lodges/guest houses. At base camp, your accommodation will be in tented camps. You should therefore not expect the standards that can be achieved in luxury accommodation in the city. All accommodation is arranged on a twin sharing basis during the trekking and local lodges won't be off course as like in hotels in Kathmandu.

Emergency Rescue

In case of any high altitude sickness problems normally as a primary precaution first it is advised to come down immediately to lower altitude for some rest and in the worse condition you have to further come down either by helicopter or by land transport.

Weather Forecast

For the climbing weather report we advise you to use from Meteo Swiss or from Austria or we can help you to get in contact with them. For the prompt weather Forecast send to you by SMS.

Recommended Personal Gears

1. Down suits (dangri)- 1 pc
2. Summit shoe- 1 pair
3. Walking shoe-1 pair
4. Crampon- 1 pair
5. Summit Glove- 1 pair
6. Normal gloves- 2 pairs
7. Summit Snow goggles- 1 pc
8. Glacier glasses- 1 pc
9. Ice axe- 1 pc
10. Harness- 1 pc
11. Jumer- 1 pc
12. Carabiners (normal)- 3 pcs
13. Sleeping bag (-40C)- 1 pc
14. Down filled Mattress- 1 pc
15. Summit socks- 2 pairs
16. Normal socks- 3 pairs
17. Climbing bag (40 ltr)- 1 pc
18. Helmet- 1 pc
19. Down jacket- 1 pc
20. Down trouser-1 pc
21. 8 finger /descender- 1 pc
22. Headlamp- 1 pc
23. Gore-tex jacket- 1 pc
24. Gore-tex trouser- 1 pc
25. Fleece jacket-1 pc
26. Fleece trouser- 1 pc
27. Fleece liner gloves- 3 pairs
28. Screw Gate Carabiner- 1 pc
29. Windstopper- 1 pc
30. Thermos bottle- 1pc
31. Base layer (woolen)- 2 sets
32. Water bottle normal- 1 pc

Need any expert advice?

If you would like talk to expert to discuss any aspects of climbing and other queries, please meet or talk to our experts. We can be reached by:

E-mail: info@sherpashepherds.com

Mobile: +977 9841027075 (available on Whatsapp & Viber)

Skype: live:info_813995

BOOKING TERMS

"Please kindly read these TERMS AND CONDITIONS before booking your trips. Participation in our trips indicates that you accept these terms and conditions. You must carefully read the following Terms & conditions of contract and waiver of liability details Booking Procedure. Read detail terms and conditions at <https://sherpashepherds.com/booking-conditions/>

WHY SHERPA SHEPHERDS?

Sherpa Shepherds has wealth of experiences in the mountains and the team of world renowned climbers who have set records of climbing including at Guinness Book of World Records. We offer unique and specialized peak climbing/expeditions in the Himalayas by using our extensive knowledge, experience and climbing skills.

1. **Trend Setter of Smart Mountaineering:** We are the leader and initiator of 'Smart Mountaineering' in Nepal and we have synchronized the latest technologies and our wealth of experiences to ensure safe and quality mountaineering in the Himalaya. Sherpa Shepherds is one and only expedition operator in Nepal which adopts smart mountaineering while we are leading our clients to the top of the mountains.
2. **Initiator of Responsible Adventure:** We are the trendsetter of 'Responsible Adventure' in Nepalese tourism industry. Sherpa Shepherds have launched mountaineering for social cause for the first time ever in Nepal. Through this responsible adventure/mountaineering, Sherpa Shepherds has been able to bring visually impaired person to Mount Everest, First Tamang and First Gurung female to Mount Everest, oldest person to Mount Everest, physically disabled person to Mount Everest, climbed Mount Everest to raise voice against human trafficking and gender inequality, climbed to alert about Global Warming, Women Empowerment and many more.
3. **The Company Run by Sherpa Climbers:** Believe or not, Sherpas were always leader in the Himalayas. While we talk about mountaineering or climbing of giant 8000 meter peaks, we never miss Sherpa. Sherpa people or Sherpa climber have historic achievement in mountaineering sector. Mountaineering started in 1953 with Tenzing Norgay Sherpa and Sherpa became the leader in any expeditions in the Himalaya. The fact is Sherpa people are born, grown up in the mountains. That's why Sherpa people do not face any problem of high altitude sickness.
4. **Team of World Record Holding Climbers:** We are the team of 'World Record Holding Climbers' renowned and recognized by Guinness Book of World Records'. Most of the owners and climbers of Sherpa Shepherds are world record holders in mountaineering.



**SHERPA
SHEPHERDS**

P.O. Box: 8008,
Tokha-07, Kathmandu, Nepal
Tel: +977 435 2145 / 435 1613 (+977 9841027075 Urgent)
Email: info@sherpashepherds.com
Website: www.sherpashepherds.com