



EVEREST EXPEDITION

Climb world's highest mountain

60 Days | 8848 meter



ABOUT THIS EXPEDITION

Mount Everest is the highest peak in the world standing at an elevation of 29028ft. (8848m.) from the sea level. Mt Everest is situated in Samarmatha national park (on the north of Khumbu). The Everest is the mountain which all mountaineers dream to summit it and it is a place where legends live. Everest is still the ultimate mountaineering adventure. To stand at the pinnacle of the earth is one of life's most rewarding experiences. The climbers who climbed this mountain felt they are standing over the cloud in the sky. Sir Edmund Hillary and Late Tenzing Norge Sherpa was human being who climbed this peak on May 29, 1953, after a long relentless effort.

Climbing Everest from the Tibet side is relatively easier. Still, Everest expedition South Side encounter many seen and obstacles including high altitude, harsh weather conditions and even sheer exhaustion. Unrivaled experiences of our team and our focus and attention to details combined with our strength and dedication add a tangible degree of safety, expertise and guidance –

TRIP AT GLANCE

 Duration 60 Days	 Destination Nepal	 Group Size 5-12 Pax
 Ascent Route South Face	 Elevation 8848 meter	 Grade Very Tough

our guardianship on the mountain makes all the differences between a difficult expedition and an enjoyable one. The success of an expedition is often determined by factors planned well in advance of the actual climbing; the many years of our Sherpa's dedication and expertise have led to a considerable increase in the proportion of success.

So, an attempt on these majestic peaks is an enormous undertaking which requires a huge amount of dedication and determination: Sherpa Shepherds is here to be your guardian on the mountain. Allow us to lead you on your journey of imagination. We will lead you up the mountain as only a SHERPA CAN.



PRICE AND DATES

BASE CAMP SERVICE: USD 6900 P.P.*

SEMI SERVICE: USD 24350 P.P.*

FULL SERVICE: USD 34900 P.P.*

SPRING 2019: 10 APRIL TO 8 JUNE

AUTUMN 2019: 10 SEPT TO 8 NOVEMBER

SPRING 2020: 10 APRIL TO 8 JUNE

AUTUMN 2020: 10 SEPT TO 8 NOVEMBER

FEATURED GUIDE



PEMBA DORJE SHERPA

16th times Everest Summiteer



DAKIPA SHERPA

7th times Everest Summiteer

TRIP ITINERARY

Day 01: Arrival in Kathmandu

Upon your arrival at the Tribhuvan airport, Sherpa Shepherds representative welcome you and assists to transfer in your hotel in Kathmandu. Upon arrival at hotel, a Sherpa Shepherds tour manager will brief you about trip, check-up climbing gears and fix time for visit at Ministry of Tourism for permit along other necessary information. And then you'll free time to explore Kathmandu. Overnight at Hotel Vaishali****

Included Meal: No | **Altitude of Kathmandu:** 1310 meter | **Drive:** 20 min (airport to hotel)

Day 02: Check Up Climbing Gears and Briefing at Tourism Ministry

Today is free day for preparation of Everest Expedition. You'll have free time to check climbing gears or explore around Kathmandu while the leader will attend the Ministry of Tourism for a formal briefing. The day will also be for finalizing official procedure and other necessary arrangements. If you explore the fascinating city of Kathmandu, you can visit Kathmandu's World Heritage Sites. We make a guided tour to some of UNESCO World Heritage Sites in the Kathmandu valley: Kathmandu Durbar Square, Pashupatinath, Swayambhu, and Boudhnath. You will be also briefed on the nature of expedition, equipments and team composition. You can also make your last minute buying of personal items if anything missed. Overnight at Hotel Vaishali****.

Included Meal: Breakfast

Day 03: Final Preparation Day

Nepal is land of many festivals and holidays. And this day is reserve day in case if previous day is holiday in Ministry of Tourism for climbing permit formalities. Also today you can do last minutes shopping if you missed to buy anything for this expedition. If there is no holiday in previous day, you'll free time to res and explore around Kathmandu valley. Overnight at Hotel Vaishali***

Included Meal: Breakfast

Day 04: Flight: Kathmandu-Lukla and trek Lukla-Phakding

Early morning you'll transfer to airport and you'll make an early start to take a spectacular, short mountain flight to Lukla, the start point for our trek. Watch out for the Langtang and Jugal ranges then the Rolwaling Himal, Gaurisankar and Menlumtse before getting your first glimpse of Everest on the flight.

Upon arrival at Lukla airport you'll meet trekking crew such as guide and porters. You'll spend a few minutes sorting out bags etc before setting off through this winding village to the trek start proper at the Khumbu 'gateway'. It's gently downhill on pitched stone trails through low rhododendron forest, small 'garden' farms and old and new hamlets to the banks of the foaming Dudh Koshi River. There will be plenty of short stops to meet the locals, take photographs and just soak up the scenery and the clear mountain air as we meander along, the undulating trail glimpsing views of 6000m snow-capped peaks high above. Passing the enormous mani stone at Thado Koshi we meander up through the many chortens and prayer wheels of Sano and along to our destination of Phakding in time for a late lunch. Overnight at lodge.

Altitude of Phakding: 2640 meter | **Flight:** 35 min | **Trek:** 3 hrs | **Altitude Gain:** : 1330 meter
Included Meal: Breakfast, Lunch and Dinner

Day 05: Trek: Phakding-Namche

After breakfast at lodge, you'll start trekking through a beautiful pine forest that leads us along the Dudh Koshi River and Hillary Suspension Bridge to reach to Monjo and starting point of Sagarmatha National Park. Here we stop at check post of TIMS & National Park permit. The trail passes through the Dudh Koshi, Bhote Koshi River, Jorsalle village, Large Dovan and cross one of the highest bridge over the Dudh Kosi River of Everest region and reach to Chautara from where we can see the first glimpse of the Mt. Everest. Further walking about one hour steep up we reach to Namche bazar.

Namche bazar is known as 'hearth of Khumbu' which is one of the trading points for Sherpa people. It is also ideal market for visitors to purchase traditional crafts. Every Saturday there would be local street market, do not miss if you are there on Saturday. Overnight at lodge.

Altitude of Namche: 3440 meter | **Trek:** 5-6 hrs | **Altitude Gain:** 800 meter

Included Meal: Breakfast, Lunch and Dinner

Day 06: Rest Day in Namche

Today is the schedule for acclimatization and explore around Namche Bazaar. After breakfast you'll head toward Syangboche airport. Syanboche airport is known as world highest altitude airport.

First of all, in the morning you'll visit Sherpa Culture Museum and Everest photo Gallery, which is just 15-minute walking distance from Namche Bazar. From the museum you can have the spectacular picturesque Mountain View and take some photographs. Then start trekking to Everest view hotel passing through Syangboche Airport which takes about 2 hours. Then you'll climb further to reach Mt. Everest View Hotel for great panoramic views of Mt. Everest, Lhotse, Ama Dablam, Tawache, Kusum Kangkaru, Thamserku, Kongde and many more. Enjoy the spectacular view of mountains including Mt. Everest from the nearest destination then trek back to Namche Bazar. Overnight at lodge.

Included Meal: Breakfast, Lunch and Dinner

Day 07: Trek: Namche-Tengboche

Today after breakfast we start our trek with pleasant walk through the forest with magnificent view of mountains. The great view of the mighty peaks of Everest, Nuptse, Lhotse, Ama Dablam, Thamserku and Kwangde peak with view of the eastern snow capped mountains. The trail leads uphill through the forested path and the hardly walk to get to Tyangboche. One of the most beautiful place in the Himalaya and the first thing that comes to your eye is the big Monastery, then-

the large field with campsites and teahouses, lodges beneath the towering majestic beautiful peak Ama Dablam.

Altitude of Tengboche: 3860 meter | **Trek:** 5-6 hrs | **Altitude Gain:** 420 meter

Included Meal: Breakfast, Lunch and Dinner

Day 08: Trek: Tengboche-Dingboche

After breakfast as always, today you'll descend down from Tengboche, winding through the rhododendron forest to Deboche and crossing a bridge over the raging Imja Khol River. Hug the valley wall, and then traverse the plains to Dingboche, the start of the Imja Tse Valley. Dingboche is also the gateway to Chukung and farther beyond for the most challenging traverses towards Makalu area and Hinko Valley via Sherpani col 6,100m and Amphu Laptsa pass 5,780m.

Altitude of Dingboche: 4358 meter | **Trek:** 5-6 hrs | **Altitude Gain:** 498 meter

Included Meal: Breakfast, Lunch and Dinner

Day 09: Trek: Dingboche-Lobuche

Today the trail diverts towards north, the path is flat for an hour and gradual up an hour after a pleasant walk through the meadow will reach at Thukla from where you can view Mt. Pumori and other peaks west of Everest. Thukla is the good place for a few minutes break after the strenuous climb and here you can also see a number of memorial of the unfortunate climbers monuments, who died in expeditions around the mountain of this region. Our trek continues to the Lobuche an hour for overnight.

Altitude of Lobuche: 4928 meter | **Trek:** 5-6 hrs | **Altitude Gain:** 570 meter

Included Meal: Breakfast, Lunch and Dinner

Day 10: Trek: Lobuche-Everest Base Camp

After breakfast we continue our trek to Gorekshep in a windy and rocky path with the wonderful view of Mt. Pumori, Mt. Nuptse and other magnificent peaks. After lunch at Gorakshep, you'll head towards Everest Base Camp and to the Khumbu Icefall. The trail passes through over rocky dunes and moraine and streams, till you reach the base camp. In Everest Base Camp the climbers gather for summiting Everest during the high expedition season. We explore base camp and its surroundings glacier. From today you'll start overnight at Tented Camp.

Altitude of Everest BC: 5360 meter | **Trek:** 5-6 hrs | **Altitude Gain:** 432 meter

Included Meal: Breakfast, Lunch and Dinner

Day 11: Base Camp Set Up

After spending first night at Base Camp, today you'll start your daily routine of climbing period. Your climbing guide/High Altitude Sherpa will brief you about your next days schedule for attempts to Camp 1, training at Icefall. Today we'll set up-

base camp and conduct a Pooja Ceremony (worship/pray) for good luck of climbing. Overnight at Tented Camp.

Included Meal: Breakfast, Lunch and Dinner

Day 12-16: Training, Acclimatization and Hike to Camp I

During these days, you'll spend and explore around base camp to get used to with local climate, acclimatization. For this you'll sometimes hike to icefall, you'll training of climbing at ice etc. Overnight at Tented Camp

Included Meal: Breakfast, Lunch and Dinner

Day 17-19: Introduction to Khumbu Icefall & Ladder

After having used to with local climate, now you'll be introduced to Khumbu Icefall and ladder there. During these days, you'll hike to Khumbu Icefall where you'll training climbing skills, technique and safety measurements from our HA Sherpas. And then you'll introduce ladder, how to climb it and handle it etc. Overnight at Tented Camp

Included Meal: Breakfast, Lunch and Dinner

Day 20-23: Rotation to Camp I, touch Camp II and return to Everest Base Camp

After getting some knowledge about ice climbing and usage of ladder, you'll climb to Camp I for practice and acclimatize. And then reach upto Camp II. And then return to base camp. Overnight at Tented Camp

Day 24-26: Rest at Everest Base Camp

After reaching Camp II, you probably will be tired. And these days you'll rest at Base Camp. This rest will give you adoption of high altitude and base camp which will be better for acclimatization. Overnight at Tented Camp

Included Meal: Breakfast, Lunch and Dinner

Day 27-33: Rotation to Camp III and return to Base Camp

After few days rest at base camp, now you'll again climb upto camp III through camp I, Camp II. You'll do several rotation from Camp I to Camp III. And again return to Base Camp. Overnight at Tented Camp

Included Meal: Breakfast, Lunch and Dinner

Day 34-38: Rest and Planning for Summit Attempt

After reaching Camp III, you'll know more about the mountains and you'll have already acclimatized. And now you'll rest at base camp to save some energy for summit attempt. During these days, with coordination with Government Liaison Officer and other members/climbers, you'll wait for best weather and date for summit attempt. Overnight at Tented Camp

Included Meal: Breakfast, Lunch and Dinner

Day 38-50: Preparation for Mount Everest Summit Attempt

Now you'll be fully ready, prepared and acclimatized for Everest Summit. Depending the weather forecasts, other climbers' view you'll do final push for Everest Summit. During these again you'll climb Camp I, Camp II, Camp III and Camp IV. From the Camp IV, you'll climb Mount Everest and back to below camps. Overnight at Tented Camp

Included Meal: Breakfast, Lunch and Dinner

Day 50-52: Back to Base Camp after Summit

After final summit, you'll back to Base camp. Overnight at Tented Camp

Included Meal: Breakfast, Lunch and Dinner

Day 53: Clean Up and Base Camp Closing

After summit, we shall clean up base camp and pack up all base camp equipments, wastes/garbage. Overnight at Tented Camp

Included Meal: Breakfast, Lunch and Dinner

Day 54: Trek: Everest Base Camp- Pangboche

From Base camp, now you'll walk to down to Pangboche. Overnight at Lodge

Included Meal: Breakfast, Lunch and Dinner

Day 55: Trek: Pangboche-Namche

After having breakfast at Pangboche, you'll descent to Namche Bazar. Overnight at Lodge

Included Meal: Breakfast, Lunch and Dinner

Day 56: Trek: Namche-Lukla

From Namche, you'll walk down to gate of Khumbu Lukla.

Overnight at Lodge

Included Meal: Breakfast, Lunch and Dinner

Day 57: Flight: Lukla-Kathmandu

From Lukla, you'll fly to Kathmandu by aero plan. Upon arrival in Kathmandu, you'll transfer to hotel. And then rest and relax at hotel. Overnight at Hotel Vaishali***

Included Meal: Breakfast

Day 58: Kathmandu Free Day

Today is fully free to relax, take shower and chill with beers. And it will be celebration party of successful summit of world's highest peak Mount Everest while the tour leader will be visit Ministry of Tourism for formal de-briefing. Overnight at Hotel Vaishali***

Included Meal: Breakfast

Day 59: Kathmandu Free Day

Today is fully free to relax, take shower and chill with beers. Also you can use this day for final -

souvenir shopping from Nepal for your family, friends and colleagues. In the mean time, Sherpa Shepherds will collect climbing certificate of Mount Everest from ministry of Tourism. And today, Sherpa Shepherds will organize a farewell dinner at typical Restaurant with cultural performances. Overnight at Hotel Vaishali***

Included Meal: Breakfast and Dinner

Day 60: Departure from Kathmandu

Depending your flight time, Sherpa Shepherds will drop to you airport.

TRIP PRICES

Above trip cost is per person and twin sharing basis. The trip cost is for joining basis. Mini-mum participant to run this trip is 5 person. If no. of participants in this trip is less than 5 persons, Sherpa Shepherds reserves right to cancel or postpone the trip. However if you would like to continue trip even if we do not reach minimum number to run this trip, we can run this trip upon your request. But supplemental charge will be applicable.

WHAT'S INCLUDED

Base Camp Services

Flight & Cargo:

- All cargo for required base camp equipments, food etc.

Accommodations:

- 44 nights in tented camps at base camps on single tent basis

Meals:

- 3 meals a day at BC for 44 night at tented camps (breakfast, Lunch and Dinner)

Supporting Staffs till/ at Base Camp:

- 1 Base Camp Cook
- Required Kitchen boy and helpers
- Required porters to carry loads for Lukla-BC and BC-Lukla

Equipments at BC:

- 1 sleeping tent for every member
- Foam mattress for every member
- Dinning tent, kitchen tent, shower tent, store tent and toilet tents
- All require kitchen utensils with fuel
- Tables and chairs
- Solar Lights system

Comprehensive First Aid Kit & Gas Heater (for dinning tent only)

Semi Services

Ground Transfers:

- All airport/hotel/airport transfers as per program by private A/C vehicles

Flight & Cargo:

- Kathmandu-Lukla flight with airport taxes
- Lukla-Kathmandu flight with airport taxes
- 60 kg per person baggage including personal baggage for flight and trek

Accommodations:

- 6 nights in Kathmandu at Hotel Vaishali or similar*** on twin sharing basis
- 9 nights at local lodges during trek to BC and BC-Lukla as per above program on twin sharing basis
- 44 nights in tented camps at base camps on single tent basis

Meals:

- 6 breakfasts in Kathmandu hotel
- 3 meals a day during trip to BC for 6 night at guest houses and 44 night at tented camps (breakfast, Lunch and Dinner)
- Farewell dinner at Bhojan Griha with typical Nepalese foods and cultural dances

Permits & Fees:

- Everest Expedition Permit Fee USD 11000 per person
- Everest National Park Fee
- Fees for Liaison Officer, his/her insurance, food allowance and flights
- Insurance of whole Nepali staff including porters in order to obtain permit
- Garbage Deposit at ministry

Supporting Staffs till/ at Base Camp:

- 1 trekking guide for Lukla-BC and BC-Lukla
- 1 Base Camp Cook
- Required Kitchen boy and helpers
- Required porters to carry loads for Lukla-BC and BC-Lukla

Equipments at BC:

- 1 sleeping tent for every member
- Foam mattress for every member
- Dinning tent, kitchen tent, shower tent , store tent, and toilet tents
- All require kitchen utensils with fuel
- Tables and chairs
- Solar Lights system
- Comprehensive First Aid Kit
- Gas Heater (for dinning tent only)

Full Services

Ground Transfers:

- All airport/hotel/airport transfers as per program by private A/C vehicles

Flight & Cargo:

Kathmandu-Lukla flight with airport taxes

- Lukla-Kathmandu flight with airport taxes
- 60 kg per person baggage including personal baggage for flight and trek

Accommodations:

- 6 nights in Kathmandu at Hotel Vaishali or similar*** on twin sharing basis
- 9 nights at local lodges during trek to BC and BC-Lukla as per above program on twin sharing basis
- 44 nights in tented camps at base camps on single tent basis

Meals:

- 6 breakfasts, 6 lunches and 5 dinner in Kathmandu hotel
- 3 meals a day during trip to BC for 6 night at guest houses and 44 night at tented camps (breakfast, Lunch and Dinner)
- Farewell dinner at Bhojan Griha with typical Nepalese foods and cultural dances

Permits & Fees:

- Everest Expedition Permit Fee USD 11000 per person
- Everest National Park Fee
- Fees for Liaison Officer, his/her insurance, food allowance and flights
- Insurance of whole Nepali staff including porters in order to obtain permit
- Garbage Deposit at ministry

Supporting Staffs till/ at Base Camp:

- 1 trekking guide for Lukla-BC and BC-Lukla
- 1 Base Camp Cook
- Required Kitchen boy and helpers
- Required porters to carry loads for Lukla-BC and BC-Lukla

Equipments at BC:

- 1 sleeping tent for every member
- Foam mattress for every member
- Dinning tent, kitchen tent, shower tent and toilet tents
- All require kitchen utensils with fuel
- Tables and chairs
- Solar Lights system
- Comprehensive First Aid Kit
- Gas Heater (for dinning tent only)

Supporting Staffs in the mountain (Above BC):

- 1 Everest summiteers High Altitude Sherpa for every member with his daily wages, food, flights, and equipment allowance etc.
- 1 Cook for camp II if group is more than 6 pax

Equipments in the mountain (Above BC):

- High Tents for both member and HA Sherpas
- High Altitude Food for members and Sherpas
- Climbing Gear in the mountains such as fixed rope, main rope, snow bars, snow shovel, carabiners etc.
- 6 bottles oxygen for every member and 4 bottles oxygen for every HA Sherpa
- One set of mask & regulator for every members and sherpas
- 1 Satellite Phone, Walki-talkie
- Cooking set in the mountain such as Epi gases, gas burner, cooking pots etc for members and sherpas

WHAT' S NOT INCLUDED

- All personal expenses like alcoholic beverages, bottled drinks, telephone calls, laundry services etc.
- Insurance: Travel/Accident/Medical / emergency evacuation
- International airfare and taxes
- Nepal Visa fees
- Additional High Altitude Climbing Guide/ sherpa USD 6000 per sherpa
- Sherpa Summit Bonus USD 1500 Non Summit Bonus USD 950 Per Sherpa
- Carrying bonus in the mountain USD 2000 to USD 2500 per sherpa
- Fix rope fixing USD 500 per person
- Ice Fall Route Fee USD 600 per person
- International Air Cargo Tax Fee USD 120 Per member
- Tips for staff
- All extra services if required (except motioned in 'The Price Include' section)

TRIP NOTES

Insurance

It is mandatory to have good travel insurance or emergency evacuation insurance which will cover evacuation by any means of transportation from high altitude.

It is also highly recommended that all member have cancellation insurance in case of an accident prior to departure, or if the trip is cancelled due to unforeseen circumstances.

Fitness & Experiences

For personal safety and success, excellent physical conditions are required. Prior to the trek we suggest physical activities such as running, swimming and cycling combined with climbs to smaller peaks which includes climbs that involves travel on crampons under all sorts of conditions. Be sure you are comfortable with extreme exposure and steep drop offs for long periods of time and capable of carrying heavy pack of an average of 30lbs. include plenty of technical rock and ice climbing experiences, so you are fairly comfortable following on alpine rock route. Be acquainted with jumars, ascenders, crampons, all your gear, and knot .We will review each climber's bio on an individual basis to help develop climbers interested in attempting Mount Everest.

Food

The more food you eat at altitude the better you'll perform. Considering the loss of appetite on higher altitude, Sherpa Shepherds guide will help you to choose food items that have quality and easiest to digest at higher-altitude during the trekking and accommodation in the lodges. However at base camp, our expedition cook will be set best menu. We suggest you to bring your own food if you so desire such as chocolate bars, dry foods etc. We cater to different dietary requirements and full vegetarian menus can be provided on request.

Accommodation

In Kathmandu you will stay at star deluxe hotels and while you're on trek your accommodation will be in local lodges/guest houses. At base camp, your accommodation will be in tented camps. You should therefore not expect the standards that can be achieved in luxury accommodation in the city. All accommodation is arranged on a twin sharing basis during the trekking and local lodges won't be off course as like in hotels in Kathmandu.

Emergency Rescue

In case of any high altitude sickness problems normally as a primary precaution first it is advised to come down immediately to lower altitude for some rest and in the worse condition you have to further come down either by helicopter or by land transport.

Recommended Personal Gears

1. Down suits (dangri)- 1 pc
2. Summit shoe- 1 pair
3. Walking shoe-1 pair
4. Crampon- 1 pair
5. Summit Glove- 1 pair
6. Normal gloves- 2 pairs
7. Summit Snow goggles- 1 pc
8. Glacier glasses- 1 pc
9. Ice axe- 1 pc
10. Harness- 1 pc
11. Jumer- 1 pc
12. Carabiners (normal)- 3 pcs
13. Sleeping bag (-40C)- 1 pc
14. Down filled Mattress- 1 pc
15. Summit socks- 2 pairs
16. Normal socks- 3 pairs
17. Climbing bag (40 ltr)- 1 pc
18. Helmet- 1 pc
19. Down jacket- 1 pc
20. Down trouser-1 pc
21. 8 finger /descender- 1 pc
22. Headlamp- 1 pc
23. Gore-tex jacket- 1 pc
24. Gore-tex trouser- 1 pc
25. Fleece jacket-1 pc
26. Fleece trouser- 1 pc
27. Fleece liner gloves- 3 pairs
28. Screw Gate Carabiner- 1 pc
29. Windstopper- 1 pc
30. Thermos bottle- 1pc
31. Base layer (woolen)- 2 sets
32. Water bottle normal- 1 pc

Need any expert advice?

If you would like talk to expert to discuss any aspects of climbing and other queries, please meet or talk to our experts. We can be reached by:

E-mail: info@sherpashepherds.com

Mobile: +977 9841027075 (available on Whatsapp & Viber)

Skype: live:info_813995

BOOKING TERMS

"Please kindly read these TERMS AND CONDITIONS before booking your trips. Participation in our trips indicates that you accept these terms and conditions. You must carefully read the following Terms & conditions of contract and waiver of liability details Booking Procedure. Read detail terms and conditions at <https://sherpashepherds.com/booking-conditions/>

WHY SHERPA SHEPHERDS?

Sherpa Shepherds has wealth of experiences in the mountains and the team of world renowned climbers who have set records of climbing including at Guinness Book of World Records. We offer unique and specialized peak climbing/expeditions in the Himalayas by using our extensive knowledge, experience and climbing skills.

1. Trend Setter of Smart Mountaineering:

We are the leader and initiator of 'Smart Mountaineering' in Nepal and we have synchronized the latest technologies and our wealth of experiences to ensure safe and quality mountaineering in the Himalaya. Sherpa Shepherds is one and only expedition operator in Nepal which adopts smart mountaineering while we are leading our clients to the top of the mountains.

2. Initiator of Responsible Adventure:

We are the trendsetter of 'Responsible Adventure' in Nepalese tourism industry. Sherpa Shepherds have launched mountaineering for social cause for the first time ever in Nepal. Through this responsible adventure/mountaineering, Sherpa Shepherds has been able to bring visually impaired person to Mount Everest, First Tamang and First Gurung female to Mount Everest, oldest person to Mount Everest, physically disabled person to Mount Everest, climbed Mount Everest to raise voice against human trafficking and gender inequality, climbed to alert about Global Warming, Women Empowerment and many more.

3. The Company Run by Sherpa Climbers:

Believe or not, Sherpas were always leader in the Himalayas. While we talk about mountaineering or climbing of giant 8000 meter peaks, we never miss Sherpa. Sherpa people or Sherpa climber have historic achievement in mountaineering sector. Mountaineering started in 1953 with Tenzing Norgay Sherpa and Sherpa became the leader in any expeditions in the Himalaya. The fact is Sherpa people are born, grown up in the mountains. That's why Sherpa people do not face any problem of high altitude sickness.

4. Team of World Record Holding Climbers:

We are the team of 'World Record Holding Climbers' renowned and recognized by Guinness Book of World Records'. Most of the owners and climbers of Sherpa Shepherds are world record holders in mountaineering.



**SHERPA
SHEPHERDS**

P.O. Box: 8008,
Tokha-07, Kathmandu, Nepal
Tel: +977 435 2145 / 435 1613 (+977 9841027075 Urgent)
Email: info@sherpashepherds.com
Website: www.sherpashepherds.com