



# **DHĀULĀGIRI EXPEDITION**

*Climb world's seventh highest mountain*

48 Days | 8167 meter



## ABOUT THIS EXPEDITION

Mount Dhaulagiri is the seventh highest mountain in the world. Mount Dhaulagiri is located in north central Nepal. Dhaulagiri was climbed on May 13, 1960 by Kurt Diemberger, Peter Diener, Ernst Forrer, Albin for the first time. Mount Dhaulagiri known as the easiest Nepalese 8000 meter mountain. That's why it became an ideal choice for mountaineers ready to test themselves on Nepalese Giants Mountains. The name of this mountain is derived from Sanskrit word, "Dhaval" meaning white and "Giri" meaning mountain, which combines to become 'White Mountain'.

The trip route to climb Mount Dhaulagiri follows a circuitous route around the mountain from French Col (5334m) to approach the summit from the North East Col. Dhaulagiri (8167m.) was first successfully climbed by the Swiss expedition team in 1960. The trip begins with overland drive from Kathmandu to Beni Bazaar following the classical route with an exceptional view of the Kaligandaki gorge that encircles Mt. Dhaulagiri (8167m).

## TRIP AT GLANCE



Duration  
**48 Days**



Destination  
**Nepal**



Group Size  
**5-12 Pax**



Ascent  
Route  
**North  
West**



Elevation  
**8167  
meter**



Grade  
**Very  
Tough**

Dhaulagiri expedition lead by experts and climbers of Sherpa Shepherds takes you the base camp and support you to climb mount Dhaulagiri.



## PRICE AND DATES

**SEMI SERVICE:** USD 10900 P.P.\*  
**FULL SERVICE:** USD 18900 P.P.\*

**SPRING 2019:** 10 APRIL TO 27 MAY  
**AUTUMN 2019:** 05 SEPT TO 22 OCTOBER  
**SPRING 2020:** 10 APRIL TO 27 MAY  
**AUTUMN 2020:** 05 SEPT TO 22 OCTOBER

## FEATURED GUIDE



**LHAKPA NURU**  
High Altitude Climbing Guide  
13th times Everest Summiteer



**DAMAI CHIRI**  
High Altitude Cook

## TRIP ITINERARY

### Day 01: Arrival in Kathmandu

Upon your arrival at the Tribhuvan airport, Sherpa Shepherds representative will welcome you and assists to transfer in your hotel in Kathmandu. Upon arrival at hotel, a Sherpa Shepherds tour manager will brief you about trip, check-up climbing gears and fix time for visit at Ministry of Tourism for permit along other necessary information. And then you'll free time to explore Kathmandu. Overnight at Hotel Vaishali\*\*\*\*

**Included Meal:** No | **Altitude of Kathmandu:** 1310 meter | **Drive:** 20 min (airport to hotel)

### **Day 02: Check Up Climbing Gears and Briefing at Tourism Ministry**

Today is free day for preparation of Dhaulagiri Expedition. You'll have free time to check climbing gears or explore around Kathmandu while the leader will attend the Ministry of Tourism for a formal briefing. The day will also be for finalizing official procedure and other necessary arrangements. If you explore the fascinating city of Kathmandu, you can visit Kathmandu's World Heritage Sites. We make a guided tour to some of UNESCO World Heritage Sites in the Kathmandu valley: Kathmandu Durbar Square, Pashupatinath, Swayambhu, and Boudhnath. You will be also briefed on the nature of expedition, equipments and team composition. You can also make your last minute buying of personal items if anything missed. Overnight at Hotel Vaishali\*\*\*\*.

**Included Meal:** Breakfast

### **Day 03: Final Preparation Day**

Nepal is land of many festivals and holidays. And this day is reserve day in case if previous day is holiday in Ministry of Tourism for climbing permit formalities. Also today you can do last minutes shopping if you missed to buy anything for this expedition. If there is no holiday in previous day, you'll free time to rest and explore around Kathmandu valley. Overnight at Hotel Vaishali\*\*\*

**Included Meal:** Breakfast

### **Day 04: Drive: Kathmandu - Beni**

We will drive from Kathmandu and follow Prithvi Highway. The journey is scenic with views of green hills, forest and river. In about 5hrs, we will reach Pokhara. Beni is 82km far from Pokhara. Driving along the edge of Mardi River, we will reach Beni after passing through Naudanda, Kusma and other villages. The famous bazaar of Beni is located at the junction of Myagdi and Kali Gandaki River. Stay overnight in Beni. You'll be overnight at tented camp.

**Altitude of Beni:** 830 meter | **Drive:** 10 hours |

**Included Meal:** Breakfast, Lunch and Dinner

### **Day 05: Drive: Beni - Darbang and trek to Baskot**

From Beni, we will continue our journey with a drive to Darbang passing by the bank of Myagdi River and will trek to Baskot where we will stay overnight at Tented Camp.

**Altitude of Darbang:** 1180 meter

**Included Meal:** Breakfast, Lunch and Dinner

### **Day 06: Trek: Baskot - Bagar**

After having our Breakfast, we will start our trek to Bagar. While trekking, we can also enjoy the beautiful scenic views of Dhaulagiri Mountain Range passing through the terraces and fields to Bagar. Overnight at Tented Camp.

**Altitude of Bagar:** 2080 meter

**Included Meal:** Breakfast, Lunch and Dinner

### **Day 07: Trek: Bagar - Dhovan**

As always after breakfast at camp, we'll start our trek to Dhovan. At the start we will lower down through terraced field and will reach small ridge. Passing through forest we will trek to Jyardin village from where trek uphill crossing Lapche Kharka and trek to Dhovan. Overnight at Tented Camp.

**Altitude of Dhovan:** 2520 meter | **Trek:** Aprox. 6 hrs

**Included Meal:** Breakfast, Lunch and Dinner

### **Day 08: Trek: Dhovan - Sallagari**

After breakfast, today we'll trek through forest area through dense pine woods. During this trek, we can have a beautiful scenic view of Dhaulagiri I (8167m) Mountain. We will continue our trek along side Choriban River. Overnight at Tented Camp.

**Altitude of Sallagari:** 3000 meter | **Trek:** Aprox. 5 hrs |

**Included Meal:** Breakfast, Lunch and Dinner

### **Day 09: Trek: Sallagari - Italian Base Camp**

After having breakfast, we'll start our trek having exit from forest area and continue to trek to Italian Base Camp from where we will reach glacier valley. During this time we can enjoy with the views of Tukucho Peak and Dhaulagiri I mountain. Form the base camp we will can also have the scenic views of beautiful Dhaulagiri II, Dhaulagiri III, and Dhaulagiri V mountains. Overnight at Tented Camp.

**Altitude of Italian Base Camp:** 3500 meter | **Trek:** Aprox. 6 hrs |

**Included Meal:** Breakfast, Lunch and Dinner

### **Day 10: Rest at Italian Base Camp**

We will take rest on this day. Taking rest helps us in preparation for the upcoming climbing of Dhaulagiri. Explore around for better acclimatization. Overnight at Tented Camp.

**Included Meal:** Breakfast, Lunch and Dinner

### **Day 11: Trek: Italian Base Camp - Moraine Camp**

Today we will leave for Moraine Camp walking though glacier from where the challenging trek will begin as we will move through slippery and melting glacier. Overnight at Tented Camp

**Altitude of Moraine Camp:** 3860 meter | **Trek:** Aprox. 6 hrs |

**Included Meal:** Breakfast, Lunch and Dinner

### **Day 12: Trek: Moraine Camp - Dhaulagiri Base Camp**

Leaving for Dhaulagiri Base Camp, the glacier walk continues as the trek will be relatively easy for first couple of hours where as it will get tough by the time we reach Dhaulagiri Base Camp as we will be walking through rubble and ice section.

During this trek we can also enjoy the spectacular views of Dhaulagiri Mountain Range. Overnight at Tented Camp.

**Altitude of Dhaulagiri Base Camp:** 4740 meter  
| **Trek:** 7 hrs |  
**Included Meal:** Breakfast, Lunch and Dinner

### **Day 13 - 14: Acclimatization at Base Camp**

We will rest at Base Camp for acclimatization as well as for the preparation to climb where we will be given instructions and strategies by our climbing guide and leader. Overnight at Tented Camp.

**Included Meal:** Breakfast, Lunch and Dinner

### **Day 15 - 42: Climbing and Summit Attempt**

We will make necessary arrangement for successful climbing of Dhaulagiri Mountain. Sherpas will make way and fix cables wherever necessary and set up High camps. Practice climbing to Camp 1 and Camp 2. Descend to less altitude if you feel difficulty in breathing. Make yourself accustomed to High Altitude food. Normal route is through Northeast ridge. It was climbed in 1960 for the first time. We will make 4 Camps.

### **Base Camp to Advance Base Camp (5300m)**

Advance Base Camp will be placed at 5300m. There is possibility of avalanche at Advance Base Camp. So, we may not stay at this camp for overnight.

### **Advance Base Camp to Camp 1 (5900m)**

Camp1 will be placed at 5900m. This camp will be located on Col East.

### **Camp1 to Camp2 (6400m)**

Climbing vertically through 60degree ice slopes, we will reach Camp2 from Camp1.

### **Camp2 to Camp3 (7200m)**

We will place Camp3 at 7200m. We need to walk through crevasses and cross seracs to reach Camp3.

### **Camp3 to Camp4 (7500m)**

Leaving Camp3, we will walk towards East Ridge. We may experience heavy wind before we reach Camp 4. Section from Camp 3 to Camp4 is the most difficult.

### **Camp4 to Summit (8167m)**

We will climb to summit and enjoy breath-taking views of surrounding peaks and mountains. We will descend to Camp3 and gradually descend to Base Camp .

### **Day 43: Trek: Base Camp - Yak Kharka**

Today we will leave Base Camp and will move ahead and cross French Pass. From French Pass, the trail lowers down to Hidden Valley. Our journey continues through the meadow of Hidden Valley to Dhampus Pass. We will be descending to Yak Kharka once we cross Dhampus Pass (5200m). Yak Kharka is the local winter settlement area. Overnight at Tented Camp.

**Included Meal:** Breakfast, Lunch and Dinner

### **Day 44: Trek: Yak Kharka - Marpha**

Today we will lower down to Marpha which is also famous for apple production. We will take some time to know more about local apple brew at Marpha. Overnight at Tented Camp.

**Included Meal:** Breakfast, Lunch and Dinner

### **Day 45: Drive: Marpha - Pokhara**

From Marpha, we will drive to Pokhara. During this drive we can enjoy the beautiful scenic views. After we arrive at Pokhara, we will rest and enjoy the remaining time as Pokhara is the tourist destination of Nepal. Overnight at Hotel Land Mark\*\*\* or similar.

**Included Meal:** Breakfast, Lunch and Dinner

### **Day 46: Flight: Pokhara - Kathmandu**

Depending on the flight time we will take a flight to Kathmandu and will be transferred to the hotel. We can enjoy the remaining time at Kathmandu. Overnight at Hotel Vaishali\*\*\* or similar.

**Included Meal:** Breakfast & Lunch

### **Day 47: Rest Day in Kathmandu**

Today is fully free day to relax, take shower and chill with beers. And there will be a celebration party of successful summit where Sherpa Shepherds will organize a farewell dinner at typical Restaurant with cultural performances. Overnight at Hotel Vaishali\*\*\* or similar.

**Included Meal:** Breakfast & Dinner

### **Day 48: Departure from Kathmandu**

Depending your flight time, Sherpa Shepherds will drop you to airport.

**Included Meal:** Breakfast

## **TRIP PRICES**

Above trip cost is per person and twin sharing basis. The trip cost is for joining basis. Mini-mum participant to run this trip is 5 person. If no. of participants in this trip is less than 5 persons, Sherpa Shepherds reserves right to cancel or postpone the trip. However if you would like to continue trip even if we do not reach minimum number to run this trip, we can run this trip upon your request. But supplemental charge will be applicable.

## WHAT'S INCLUDED

### Semi Services

#### Ground Transfers:

- All airport/hotel/airport transfers as per program by private A/C vehicles
- Kathmandu-Beni by bus with trekking staff + equipment
- Beni-Darbang by bus with trekking staff + Equipment
- Marpha-Pokhara by bus trekking staff + Equipment

#### Flight & Cargo:

- Pokhara-Kathmandu flight with airport taxes
- 60 kg per person baggage

#### Accommodations:

- 5 nights in Kathmandu at Hotel Vaishali or similar\*\*\* with bed and breakfast on twin sharing basis
- 1 night in Pokhara at Hotel Land Mark or similar\*\*\* with bed and breakfast on twin sharing basis
- 1 nights at local lodge at Marpha with full board (breakfast, lunch and dinner) on twin sharing basis
- 41 nights in tented camps at base camps full board (breakfast, lunch and dinner) on single tent basis
- Farewell dinner at Bhojan Griha with typical Nepalese foods and cultural dances

#### Permits & Fees:

- Dhaulagiri Expedition Permit Fee USD 1800 per person
- Annapurna National Park Fee
- Fees for Liaison Officer, his/her insurance, food allowance and flights
- Insurance of whole Nepali staff including porters in order to obtain permit
- Garbage Deposit at ministry

#### Supporting Staffs till/ at Base Camp:

- 1 trekking guide for Darbang-BC and BC- Darbang
- 1 Base Camp Cook
- Required Kitchen boy and helpers
- Required porters to carry loads for Darbang - BC and BC- Darbang
- Equipments at BC:
- 1 sleeping tent for every member
- Foam mattress for every member
- Dinning tent, kitchen tent, shower tent, store tent and toilet tents
- All require kitchen utensils with fuel
- Tables and chairs
- Solar Lights system
- Comprehensive First Aid Kit
- Gas Heater (for dinning tent only)

### Full Services

#### Ground Transfers:

- All airport/hotel/airport transfers as per program by private A/C vehicles
- Kathmandu-Beni by bus with trekking staff + equipment
- Beni-Darbang by bus with trekking staff + Equipment
- Marpha-Pokhara by bus trekking staff + Equipment

#### Flight & Cargo:

- Pokhara-Kathmandu flight with airport taxes
- 15 kg per person baggage for flight
- Accommodations:
- 5 nights in Kathmandu at Hotel Vaishali or similar\*\*\* with bed and breakfast on twin sharing basis
- 1 night in Pokhara at Hotel Land Mark or similar\*\*\* with bed and breakfast on twin sharing basis
- 1 nights at local lodge at Marpha with full board (breakfast, lunch and dinner) on twin sharing basis
- 41 nights in tented camps at base camps full board (breakfast, lunch and dinner) on single tent basis
- Farewell dinner at Bhojan Griha with typical Nepalese foods and cultural dances

#### Permits & Fees:

- Dhaulagiri Expedition Permit Fee USD 1800 per person
- Annapurna National Park Fee
- Fees for Liaison Officer, his/her insurance, food allowance and flights
- Insurance of whole Nepali staff including porters in order to obtain permit
- Garbage Deposit at ministry

#### Supporting Staffs till/ at Base Camp:

- 1 trekking guide for Darbang-BC and BC- Darbang
- 1 Base Camp Cook
- Required Kitchen boy and helpers
- Required porters to carry loads for Darbang - BC and BC- Darbang
- Equipments at BC:
- 1 sleeping tent for every member
- Foam mattress for every member
- Dinning tent, kitchen tent, shower tent , store tent and toilet tents
- All require kitchen utensils with fuel
- Tables and chairs
- Solar Lights system

- Comprehensive First Aid Kit
- Gas Heater (for dining tent only)
- Supporting Staffs in the mountain (Above BC):
- 1 High Altitude Sherpa for every two members with his daily wages, food, flights, equipment allowance etc.
- Equipments in the mountain (Above BC):
- High Tents for both member and HA Sherpas
- High Altitude Food for members and Sherpas
- Climbing Gear in the mountains such as fixed rope, main rope, snow bars, snow shovel, carabiners etc.
- 4 bottles oxygen for every member and 2 bottles oxygen for every HA Sherpa
- One set of mask & regulator for every members and sherpas
- 1 Satellite Phone, Walki-talkie
- Cooking set in the mountain such as Epi gases, gas burner, cooking pots etc for members and sherpas

## WHAT'S NOT INCLUDED

- All personal expenses like alcoholic beverages, bottled drinks, telephone calls, laundry services etc.
- Insurance: Travel/Accident/Medical / emergency evacuation
- International airfare and taxes
- Nepal Visa fees
- Additional High Altitude Sherpa USD 4500 per sherpa
- Sherpa Summit Bonus USD 1300 & Non Summit Bonus USD 900 Per Sherpa
- Carrying bonus in the mountain USD 1800 to USD 2000 per sherpa
- Extra Porter USD 400 Per porter (if personal baggage is more than 60 kg per person)
- International Air Cargo Tax Fee USD 120 Per member
- Rope Fixing USD 250 per person
- Tips for staff
- All extra services if required (except motioned in 'The Price Include' section)

## TRIP NOTES

### Insurance

It is mandatory to have good travel insurance or emergency evacuation insurance which will cover evacuation by any means of transportation from high altitude. It is also highly recommended that all member have cancellation insurance in case of an accident prior to departure, or if the trip is cancelled due to unforeseen circumstances.

### Fitness & Experiences

For personal safety and success, excellent physical conditions are required. Prior to the trek we suggest physical activities such as running, swimming and cycling combined with climbs to smaller peaks which includes climbs that involves travel on crampons under all sorts of conditions. Be sure you are comfortable with extreme exposure and steep drop offs for long periods of time and capable of carrying heavy pack of an average of 30lbs. include plenty of technical rock and ice climbing experiences, so you are fairly comfortable following on alpine rock route. Be acquainted with jumars, ascenders, crampons, all your gear, and knot. We will review each climber's bio on an individual basis to help develop climbers interested in attempting Mount Everest.

### Food

The more food you eat at altitude the better you'll perform. Considering the loss of appetite on higher altitude, Sherpa Shepherds guide will help you to choose food items that have quality and easiest to digest at higher-altitude during the trekking and accommodation in the lodges. However at base camp, our expedition cook will be set best menu. We suggest you to bring your own food if you so desire such as chocolate bars, dry foods etc. We cater to different dietary requirements and full vegetarian menus can be provided on request.

### Accommodation

In Kathmandu you will stay at star deluxe hotels and while you're on trek your accommodation will be in local lodges/guest houses. At base camp, your accommodation will be in tented camps. You should therefore not expect the standards that can be achieved in luxury accommodation in the city. All accommodation is arranged on a twin sharing basis during the trekking and local lodges won't be off course as like in hotels in Kathmandu.

## Emergency Rescue

In case of any high altitude sickness problems normally as a primary precaution first it is advised to come down immediately to lower altitude for some rest and in the worse condition you have to further come down either by helicopter or by land transport.

## Weather Forecast

For the climbing weather report we advise you to use from Meteo Swiss or from Austria or we can help you to get in contact with them. For the prompt weather Forecast send to you by SMS or email or on phone to prepare your summit attempt.

## Recommended Personal Gears

1. Down suits (dangri)- 1 pc
2. Summit shoe- 1 pair
3. Walking shoe-1 pair
4. Crampon- 1 pair
5. Summit Glove- 1 pair
6. Normal gloves- 2 pairs
7. Summit Snow goggles- 1 pc
8. Glacier glasses- 1 pc
9. Ice axe- 1 pc
10. Harness- 1 pc
11. Jumer- 1 pc
12. Carabiners (normal)- 3 pcs
13. Sleeping bag (-40C)- 1 pc
14. Down filled Mattress- 1 pc
15. Summit socks- 2 pairs
16. Normal socks- 3 pairs
17. Climbing bag (40 ltr)- 1 pc
18. Helmet- 1 pc
19. Down jacket- 1 pc
20. Down trouser-1 pc
21. 8 finger /descender- 1 pc
22. Headlamp- 1 pc
23. Gore-tex jacket- 1 pc
24. Gore-tex trouser- 1 pc
25. Fleece jacket-1 pc
26. Fleece trouser- 1 pc
27. Fleece liner gloves- 3 pairs
28. Screw Gate Carabiner- 1 pc
29. Windstopper- 1 pc
30. Thermos bottle- 1pc
31. Base layer (woolen)- 2 sets
32. Water bottle normal- 1 pc

## Need any expert advice?

If you would like talk to expert to discuss any aspects of climbing and other queries, please meet or talk to our experts.

## BOOKING TERMS

"Please kindly read these TERMS AND CONDITIONS before booking your trips. Participation in our trips indicates that you accept these terms and conditions. You must carefully read the following Terms & conditions of contract and waiver of liability details Booking Procedure. Read detail terms and conditions at <https://sherpashepherds.com/booking-conditions/>

## WHY SHERPA SHEPHERDS?

Sherpa Shepherds has wealth of experiences in the mountains and the team of world renowned climbers who have set records of climbing including at Guinness Book of World Records. We offer unique and specialized peak climbing/expeditions in the Himalayas by using our extensive knowledge, experience and climbing skills.

1. **Trend Setter of Smart Mountaineering:** We are the leader and initiator of 'Smart Mountaineering' in Nepal and we have synchronized the latest technologies and our wealth of experiences to ensure safe and quality mountaineering in the Himalaya. Sherpa Shepherds is one and only expedition operator in Nepal which adopts smart mountaineering while we are leading our clients to the top of the mountains.
2. **Initiator of Responsible Adventure:** We are the trendsetter of 'Responsible Adventure' in Nepalese tourism industry. Sherpa Shepherds have launched mountaineering for social cause for the first time ever in Nepal. Through this responsible adventure/mountaineering, Sherpa Shepherds has been able to bring visually impaired person to Mount Everest, First Tamang and First Gurung female to Mount Everest, oldest person to Mount Everest, physically disabled person to Mount Everest, climbed Mount Everest to raise voice against human trafficking and gender inequality, climbed to alert about Global Warming, Women Empowerment and many more.
3. **The Company Run by Sherpa Climbers:** Believe or not, Sherpas were always leader in the Himalayas. While we talk about mountaineering or climbing of giant 8000 meter peaks, we never miss Sherpa. Sherpa people or Sherpa climber have historic achievement in mountaineering sector

Mountaineering started in 1953 with Tenzing Norgay Sherpa and Sherpa became the leader in any expeditions in the Himalaya. The fact is Sherpa people are born, grown up in the mountains. That's why Sherpa people do not face any problem of high altitude sickness.

**4. Team of World Record Holding Climbers:**

We are the team of 'World Record Holding Climbers' renowned and recognized by Guinness Book of World Records'. Most of the owners and climbers of Sherpa Shepherds are world record holders in mountaineering.



**SHERPA  
SHEPHERDS**

P.O. Box: 8008,  
Tokha-07, Kathmandu, Nepal  
Tel: +977 435 2145 / 435 1613 (+977 9841027075 Urgent)  
Email: [info@sherpashepherds.com](mailto:info@sherpashepherds.com)  
Website: [www.sherpashepherds.com](http://www.sherpashepherds.com)